



(National Qualifying Mark)

# Cowley College Indoor Top 15 Marks - Men First season of competition was 2002



60M Dash (6.93)			200M Dash (22.29)			400M Dash (50.47)					
	HT	FAT		HT	FAT		HT	FAT			
1	Sam Moody	03	7.05	1	Keith Henry	04	22.29	1	Jermaine Myers	05	50.45
2	Antoine Clark	07	7.09	2	Sam Vogele	06	23.17	2	Sam Vogele	06	51.25
3	Keith Henry	05	7.09	3	Andy Johnson	04	23.18	3	Keith Henry	04	51.54
4	Andy Johnson	04	7.13	4	Jarrett Shallow	06	23.27	4	Jimmy Nelson	04	51.74
5	Sam Vogele	06	7.19	5	Brian Lee	04	23.42	5	Austin Hamilton	05	52.16
6	Jarrett Shallow	07	7.21	6	Corey McCoy	05	23.45	6	John Sheetz	03	53.51
7	Enefiok Akpan	04	7.23	7	Antoine Clark	07	23.57	7	Danny Mouangdy	06	53.66
8	Brian Lee	04	7.28	8	Enefiok Akpan	04	23.76	8	Brian Lee	04	53.67
9	Jivi Foster	04	7.32	9	Sam Moody	02	23.79	9	Jace Darnall	05	54.36
10	Barry Rosenberg	03	7.34	10	Darren Giddings	04	23.83	10	Johnny Thomas	07	54.44
11	Wayne Trimmel	05	7.35	11	Wade Smith	02	23.97	11	Alcante Louischarles	03	54.52
12	Jace Darnall	06	7.37	12	Wayne Trimmel	05	24.07	12	Jesse Palmer	03	54.57
13	Shawn Strickland	03	7.38	13	Daniel Chambers	05	24.22	13	Chris Hough	05	54.73
14	Darren Giddings	04	7.42	14	Barry Rosenberg	03	24.23	14	Nick Vargas	03	54.91
15	Wade Smith	02	7.43	15	Nick Vargas	03	24.27	15	Austin Blenden	07	55.12
600 YD Dash (1:16.11)			600M Dash (1:23.24)			800M Run (1:59.77)					
	HT	FAT		HT	FAT		HT	FAT			
1	Marcelo Dunning	02	1:14.55	1	Jermaine Myers	05	1:22.11	1	Julius Times	05	1:56.79
2	Julius Times	05	1:15.54	2	Julius Times	04	1:24.07	2	Jermaine Myers	05	1:56.82
3	Johnny Thomas	06	1:15.58	3	Johnny Thomas	06	1:24.41	3	Marcella Dunning	02	1:57.11
4	Ryan Stittiams	06	1:15.94	4	Ryan Stittiams	06	1:24.47	4	Josephat Boit	03	1:57.17
5	Keith Henry	05	1:16.10	5	Karl Brown	04	1:26.69	5	Kevin McDougal	02	1:58.08
6	Karl Brown	04	1:17.95	6	Norberto Alvizo	06	1:27.00	6	Larry Hill	06	1:58.86
7	Josh Spence	03	1:18.16	7	Dearingto Lockhart	05	1:27.74	7	Johnny Thomas	06	2:00.83
8	Jimmy Nelson	04	1:18.29	8	Alcan Louischarles	03	1:28.49	8	Mike Harney	04	2:00.85
9	JaRay Lee	06	1:20.85	9	Jace Darnall	05	1:29.64	9	Alcante Louischarles	03	2:00.98
10	Chris Hough	05	1:22.59	10	Jimmy Nelson	04	1:30.63	10	Ferrien Harris	06	2:02.01
11	Derek Cochran	03	1:24.34	11	Dakota Price	07	1:30.90	11	Dearrington Lockhart	05	2:02.29
12	Dustin Pempsell	07	1:25.87	12	Josh Spence	02	1:30.96	12	Josh Spence	03	2:02.77
13	Adam Schuetz	04	1:28.96	13	Dustin Pempsell	07	1:32.50	13	Austin Hamilton	05	2:03.10
14				14	Joe Francis	03	1:33.90	14	Ryan Stittiams	05	2:03.23
15				15	Derek Cochran	04	1:34.75	15	Mauricio Morales	07	2:03.83
1000M Run (2:38.16)			Mile Run (4:24.60)			3000M Run (8:58.17)					
	HT	FAT		HT	FAT		HT	FAT			
1	Daniel Maina	06	2:28.32	1	Daniel Maina	06	4:08.58	1	Daniel Maina	06	8:12.82
2	Jermaine Myers	05	2:30.86	2	Josephat Boit	03	4:11.86	2	Josephat Boit	03	8:29.56
3	Kevin McDougal	02	2:35.00	3	Stanley Mugo	06	4:24.81	3	Jonathan Cherono	07	8:36.56
4	Mike Harney	04	2:36.38	4	Jake Conley	03	4:26.09	4	Stanley Mugo	06	8:48.15
5	Julius Times	05	2:37.37	5	Mike Harney	04	4:30.40	5	Tim Marshall	05	8:56.71
6	Jonathan Cherono	07	2:37.48	6	Tim Marshall	05	4:32.84	6	Jake Conley	04	8:57.12
7	Jake Conley	03	2:38.29	7	Julius Times	04	4:35.61	7	Steven Schoon	05	9:17.18
8	Mauricio Morales	07	2:42.76	8	Mauricio Morales	07	4:41.22	8	Mike Harney	05	9:17.73
9	Ferrien Harris	06	2:44.91	9	Steven Schoon	05	4:41.59	9	Dustin Garcia	07	9:18.95
10	Brett Koehn	07	2:48.09	10	Jon Antar	03	4:42.11	10	Mauricio Morales	07	9:22.36
11	Gilber Manzanares	07	2:49.44	11	Kevin McDougal	02	4:42.65	11	Nathan Newby	04	9:27.23
12	Eric Johnston	04	2:51.07	12	Scott Olson	05	4:42.79	12	Brett Koehn	07	9:29.22
13	Steven Schoon	04	2:51.60	13	Nathan Newby	04	4:43.04	13	Scott Olson	06	9:30.48
14	Tim Marshal	05	2:52.54	14	Chris Schuetz	03	4:44.03	14	Jon Antar	04	9:31.14
15	Scott Olson	05	2:53.72	15	Kyle Pendergrass	06	4:45.50	15	Richard Brammer	02	9:34.50

<b>5000M Run (15:46.23) HT</b>			<b>FAT</b>
1	Josephat Boit	03	14:47.77
2	Daniel Maina	06	14:54.45
3	Stanley Mugo	06	15:13.64
4	Jake Conley	03	15:50.06
5	Dustin Garcia	06	15:58.54
6	Tim Marshall	05	16:02.14
7	Steven Schoon	05	16:20.65
8	Nathan Newby	04	16:31.11
9	Scott Olson	05	16:42.28
10	Eric Johnston	05	16:45.44
11	Jon Antar	03	16:47.18
12	Richard Brammer	02	16:57.25
13	Chris Schuetz	02	17:14.25
14	Charles Webb	06	17:52.61
15	Travis Blackburn	02	18:22.19

<b>55M Hurdles (7.83) HT</b>			<b>FAT</b>
1	<b>Joseph Threet</b>	<b>07</b>	<b>8.47</b>
2	Chris Hipp	03	8.53
3	Chris Hough	06	9.26
4	Bryan Tapia	06	10.86

<b>60M Hurdles (8.31) HT</b>			<b>FAT</b>
1	Jimmy Nelson	04	8.72
2	<b>Alonzo Colbert</b>	<b>07</b>	<b>8.74</b>
3	Danny Mouangdy	06	8.75
4	Blake Holder	02	8.95
5	Brandon Banda	04	9.10
6	Chris Hipp	03	9.14
7	Kyle Ellis	04	9.35
8	<b>Joseph Threet</b>	<b>07</b>	<b>9.36</b>
9	Cameron Traxson	06	9.39
10	Zach Duran	02	9.70
11	Chris Hough	06	10.15
12	Adam Pennington	06	10.28
13	Adam Schuetz	05	10.92
14	Brian Tapia	06	11.64

<b>Long Jump (7.02/23-00.25) Dist.</b>			
1	Ollie Levine	05	23-10
2	Daniel Chambers	05	22-01
3	Corey McCoy	05	21-11.75
4	Mathew Ybarra	02	21-10.75
5	<b>Jackie Reese</b>	<b>07</b>	<b>21-07.50</b>
6	Darren Giddings	04	21-02.50
7	Brandon Banda	03	21-01.50
8	Chris Hough	05	20-07
9	Cameron Traxson	06	20-01.75
10	<b>Alonzo Colbert</b>	<b>07</b>	<b>19-09</b>
11	Bryan Tapia	06	19-08
12	<b>Adam Wolkins</b>	<b>07</b>	<b>19-06</b>
13	Adam Pennington	06	19-06
14	Sam Vogele	06	19-05.50
15	Chris Hipp	03	19-01.25

<b>Triple Jump (14.31/46-11.50) Dist.</b>			
1	Corey McCoy	05	47-03
2	Ollie Levine	05	45-04.50
3	Daniel Chambers	05	42-08
4	Mathew Ybarra	03	42-02.25
5	Brandon Banda	03	39-02.50
6	Cameron Traxson	06	38-09
7	Josh Mayo	02	38-00
8	Kyle Ellis	04	37-11.25

<b>High Jump (1.95/6-04.75) Height</b>			
1	Cameron Traxson	06	6-03.50
2	<b>Adam Wolkins</b>	<b>07</b>	<b>6-02.75</b>
3	JaRay Lee	06	6-02.75
4	Chris Hipp	03	6-02.75
5	Ollie Levine	05	6-02.25
6	Zach Duran	02	6-02.25
7	Brandon Banda	04	6-00.75
8	Josh Mayo	02	6-00.50
9	David Starnes	06	5-10.75
10	Brian Lee	04	5-10.75
11	Chris Hough	05	5-07
12	Adam Schuetz	05	5-04.50

<b>Pole Vault (4.31/14-01.75) Hgt.</b>			
1	Brandon Banda	04	16-00.75
2	Kyle Ellis	04	15-11
3	David Starnes	06	14-08.25
4	Chris Hough	06	14-04.50
5	Cameron Traxson	06	14-02.50
6	<b>Luke Houser</b>	<b>07</b>	<b>14-01.75</b>
7	<b>Jordan Pote</b>	<b>07</b>	<b>13-07.75</b>
8	<b>Joseph Threet</b>	<b>07</b>	<b>12-11.50</b>
9	Adam Schuetz	05	12-07.50
10	Chris Hipp	03	12-04.50

<b>Shot Put (14.60/47-10.75) Dist.</b>			
1	Brian Baker	05	54-10.25
2	<b>Cody Tabor</b>	<b>07</b>	<b>47-07.25</b>
3	<b>Skyler Johnson</b>	<b>07</b>	<b>46-03.25</b>
4	<b>Rafiel Crook</b>	<b>07</b>	<b>44-03.25</b>
5	Bryan Tapia	06	43-07.75
6	Zach Duran	02	40-11.75
7	Dan Stiers	05	40-06
8	Chris Fullerton	04	39-00.75
9	Austin Farris	06	39-00.25
10	Howard Nelson	05	39-00.25
11	Kyle Ellis	04	37-10.75
12	Chris Hipp	03	36-07.00
13	Cameron Traxson	05	35-00.50
14	Brock Byers	03	32-05
15	Brandon Banda	03	32-01

<b>Weight Throw (14.51/47-07.25) Dist.</b>			
1	<b>Bryan Tapia</b>	<b>07</b>	<b>51-05.75</b>
2	Dan Stiers	05	44-11.50
3	Austin Farris	06	44-11
4	<b>Cody Tabor</b>	<b>07</b>	<b>44-02</b>
5	Chris Fullerton	04	43-08.50
6	Dane Stember	05	40-09.75
7	<b>Rafiel Crook</b>	<b>07</b>	<b>38-09.75</b>
8	Sam Souther	05	38-08.25
9	Howard Nelson	05	35-01.25
10	Brian Baker	05	34-10.25
11	Shawn Strickland	03	31-07.50
12	Brock Byers	03	28-04.50

4x400 Relay (3:23.42) HT FAT				4x800 Relay (8:06.31) HT FAT				Dist. Med. Relay (10:45.45) HT FAT			
1	J. Myers 50.40	05	3:22.64	1	J. Times 04	8:01.91	1	S. Mugo 3:09.80	06	10:12.01	
	D. Lockhart 51.49				M. Harney			N. Alvizo 51.51	Kansas		
	J. Times 50.69				K. Brown			L. Hill 2:01.60			
	K. Henry 50.06				J. Conley			D. Maina 4:09.10			
2	N. Alvizo 06		3:23.72	2	D. Lockhart2:00.32	05	8:02.89	2	J. Conley 03	10:27.06	
	R. Stittiams				A. Hamilton1:59.72			J. Palmer			
	L. Hill				R. Stittiam2:02.43			K. McDougal			
	S. Vogele				J. Times 2:00.42			J. Boit			
3	J. Myers 50.90	05	3:23.80	3	S. Mugo 1:59.99	06	8:04.45	3	J. Conley 03	10:27.34	
	J. Times 50.20				N. Alvizo 2:04.99			J. Palmer			
	S. Vogele 52.10				L. Hill 2:03.58			K. McDougal			
	K. Henry 50.60				D. Maina 1:55.89			J. Boit			
4	K. Henry 04		3:23.99	4	J. Thomas 2:01.79	06	8:05.66	4	K. McDougal 03	10:38.53	
	J. Nelson				R. Stittiam2:00.79			J. Palmer			
	B. Lee				F. Harris 2:00.49			K. Brown			
	A. Johnson				N. Alvizo 2:02.59			J. Conley			
5	A. Johnson 04		3:24.42	5	J. Times 04	8:06.64	5	J. Conley 03	10:39.37		
	B. Lee				M. Harney			K. Brown			
	J. Nelson				K. Brown			A. Louischarles			
	K. Henry				J. Conley			K. McDougal			
6	J. Myers 50.93	05	3:25.62	6	K. McDougal 03	8:10.54	6	J. Times 3:19.31	05	10:40.02	
	J. Times 51.73				K. Brown			D. Lockhart 51.50			
	S. Vogele 52.33				A. Louischarles			J. Myers 1:54.90			
	K. Henry 50.63				J. Conley			M. Harney 4:34.31			
7	J. Thomas 52.23	06	3:27.53	7	K. McDougal 03	8:11.32	7	J. Times 3:17.35	05	10:40.78	
	R. Stittiams52.13	Kansas			C. Schuetz			S. Vogele 51.75			
	S. Vogele 50.83				J. Spence			J. Meyers 1:55.74			
	F. Harris 52.34				K. Brown			T. Marshall 4:35.94			
8	D. Lockhart 51.86	05	3:27.82	8	D. Lockhart2:02.07	05	8:12.37	8	J. Times 05	10:44.67	
	R. Stittiams51.65				R. Stittiam2:01.66			S. Vogele			
	J. Nelson 53.16				A. Hamilton2:04.37			J. Meyers			
	K. Henry 51.15				J. Times 2:04.27			T. Marshall			
9	N. Alvizo 06		3:27.83	9	K. McDougal 03	8:13.51	9	F. Harris 3:28.66	06	10:49.12	
	L. Hill Missouri Southern				K. Brown			L. Hill 51.35	Nebraska		
	R. Stittiams				J. Boit			J. Thomas 2:05.96			
	S. Vogele				J. Conley			S. Mugo 4:23.15			
10	K. Henry 04		3:27.91	10	<b>D. Price 2:06.51</b>	<b>07</b>	<b>8:24.13</b>	10	J. Conley 04	10:53.37	
	J. Nelson				<b>D. Pempsell2:07.71</b>			K. Henry			
	B. Lee				<b>F. Harris 2:02.70</b>			J. Times			
	J. Times				<b>M. Morales 2:07.21</b>			M. Harney			
11	K. Henry 51.44	05	3:28.99	11	K. McDougal 03	8:24.91	11	J. Conley 04	10:57.92		
	D. Lockhart 52.35				J. Spence			C. Brown			
	S. Vogele 51.44				J. Conley			M. Harney			
	R. Stittiams53.76				K. Brown			T. Marshal			
12	N. Alvizo 06		3:29.54	12	K. McDougal 02	8:26.94	12	N. Alvizo 06	10:59.58		
	R. Stittiams				J. Spence			S. Vogele			
	L. Hill				M. Dunning			F. Harris			
	S. Vogele				B. Goodman			S. Olson			
13	K. Henry 04		3:30.21	13	@ Reg. 6/KSU 02	8:52.10	13	K. McDougal 02	11:15.78		
	J. Nelson			14	N. Alvizo 06	9:03.04		J. Sheetz			
	B. Lee				J. Lee			J. Spence			
	A. Johnson				F. Harris			M. Dunning			
14	@ CMSU 04		3:30.37		R. Stittiams			S. Olson 06	11:21.64		
15	D. Lockhart 52.49	05	3:31.28					C. Hough			
	R. Stittiams52.60							J. Lee			
	A. Hamilton 52.59							J. DeClerck			
	W. Trimmel 53.60							S. Schoon 04	11:25.84		
								E. Johnston			

J. Foster  
N. Newby

<b>Pentathlon (Top 16)</b>			<b>Points</b>	<b>55M Dash (6.45)</b>			<b>HT</b>	<b>FAT</b>
1	Chris Hipp	03	3123	1	Jackie Reese	07		6.66
2	Zach Duran	02	3075	2	Jarret Shallow	07		6.69
3	Cameron Traxson	06	3064	3	Antoine Clark	07		6.76
4	Brandon Banda	04	3047	4	Wayne Trimmell	07		6.84
5	Chris Hough	06	2684	5	Mark Chaney	07		7.00
6	Kyle Ellis	03	2638	6				
7	Adam Schuetz	05	2305	7				
8	Brian Tapia	06	1849	8				
9				9				
10				10				