

Cowley College Track & Field
NJCAA National Outdoor Championships
South Plains College, Levelland, TX
Thur., Fri. & Sat. May 15, 16, 17 2008

Thursday May 15,

11:00am Decathlon M. Butler
8:00pm 10,000m W
8:45pm 10,000m M B. Koehn, Jon. Cheronno

Friday May 16

10:00am Hammer W K. Poljansek
10:00am Triple Jump M
10:00am Shot Put M
2:00pm Hammer M
2:00pm Triple Jump W S. Oliver
2:00pm Shot Put W K. Poljansek
3:00pm Pole Vault W
4:00pm Javelin M A. Wolkins

Running Events

2:00 p.m. 3200 Meter Relay W Final B. Byers, B. Schmidt, J. McLeod, J. Cheronno
2:20 p.m. 3200 Meter Relay M Final L. Hill, M. Silovsky, H. Philp, D. Price
2:45 p.m. 400 Meter Relay W Prelim
3:00 p.m. 400 Meter Relay M Prelim
3:15 p.m. 1500 Meter Run W Prelim
3:30 p.m. 1500 Meter Run M Prelim N. Newland
3:45 p.m. 400 Meter Dash W Prelim
4:00 p.m. 400 Meter Dash M Prelim J. Viewins
4:25 p.m. 100 Meter Hurdles W Prelim
4:40 p.m. 110 Meter Hurdles M Prelim
4:55 p.m. 100 Meter Dash W Prelim
5:10 p.m. 100 Meter Dash M Prelim
5:25 p.m. 800 Meter Run W Prelim
5:40 p.m. 800 Meter Run M Prelim L. Hill
6:00 p.m. 400 Meter Hurdles W Prelim
6:10 p.m. 400 Meter Hurdles M Prelim
6:25 p.m. 200 Meter Dash W Prelim
6:40 p.m. 200 Meter Dash M Prelim J. Kenney
7:00 p.m. 3000m Steeplechase W Final Jen. Cheronno, A. Cronin
7:25 p.m. 3000m Steeplechase M Final Jon. Cheronno, M. Morales
7:45 p.m. 1600 Meter Relay W Prelim
8:00 p.m. 1600 Meter Relay M Prelim

Saturday May 17

9:00am Javelin W

10:00am Discus M

10:00am Long Jump W

10:00 am Pole Vault M

D. Starnes, W. Lucero, J. Pote

12:00pm High Jump W

1:00pm Long Jump M

1:00pm Discus W

K. Poljansek

3:00pm High Jump M

Running Events

1:00 p.m. 400 Meter Relay W Final

1:10 p.m. 400 Meter Relay M Final

1:20 p.m. 1500 Meter Run W Final

1.30 p.m. 1500 Meter Run M Final

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1:40 p.m. 400 Meter Dash W Final

1:50 p.m. 400 Meter Dash M Final

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2:05 p.m. 100 Meter Hurdles W Final

2:15 p.m. 110 Meter Hurdles M Final

2:30 p.m. 100 Meter Dash W Final

2:40 p.m. 100 Meter Dash M Final

2:50 p.m. 800 Meter Run W Final

3:00 p.m. 800 Meter Run M Final

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3:15 p.m. 400 Meter Hurdles W Final

3:30 p.m. 400 Meter Hurdles M Final

3:45 p.m. 200 Meter Dash W Final

3:55 p.m. 200 Meter Dash M Final

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4:05 p.m. 5,000 Meter Run W Final

Jen. Cheronno, A. Cronin

4:35 p.m. 5,000 Meter Run M Final

J. Purvis, B. Koehn, J. Cacaro

5:00 p.m. 1600 Meter Relay W Final

5:10 p.m. 1600 Meter Relay M Final

5:30 p.m. TEAM AWARDS